Packing Checklist for a Week

Everything that fits in one cabin bag.

Documents and money

- [ ] Passport, checked for validity
- [ ] Tickets and accommodation details, saved offline
- [ ] Travel insurance details
- [ ] GHIC card, if travelling in Europe
- [ ] Bank card plus a spare, kept apart
- [ ] A little local cash
- [ ] Photos of all documents, stored safely

Shoes

- [ ] Comfortable walking shoes, worn on the plane
- [ ] Light sandals or second pair

Tech

- [ ] Phone and charger
- [ ] Power bank, in your cabin bag
- [ ] Travel adaptor
- [ ] Headphones
- [ ] Offline maps and playlists downloaded

Clothes

- [ ] 3 T-shirts or tops
- [ ] 1 long-sleeved layer
- [ ] 1 warm layer
- [ ] 1 light waterproof jacket
- [ ] 2 trousers, shorts or skirts
- [ ] 4 pairs of underwear
- [ ] 3 pairs of socks
- [ ] 1 set of sleepwear
- [ ] Swimwear, if needed

Washbag

- [ ] Toothbrush and small toothpaste
- [ ] Small deodorant
- [ ] Small shampoo and soap, or solid bars
- [ ] Sun cream
- [ ] Personal medicines, in original packaging
- [ ] Plasters and pain relief
- [ ] Clear bag for liquids, as your airport requires

Small things that help

- [ ] Refillable water bottle
- [ ] Sunglasses
- [ ] Light scarf or sarong
- [ ] Folding shopping bag
- [ ] Small laundry soap
- [ ] A paperback or e-reader
- [ ] Pen, for forms on arrival